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Right ventricular outflow  
tract obstruction  
in the adult:  
native and post-op

Helmut Baumgartner  
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University of Muenster  
Germany

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RVOTO – adult and post-op

- Morphology - level of obstruction
  - subinfundibular (double chambered RV)
  - infundibular
  - valvular
  - supravalvular / peripheral
  - combinations
  - conduit
- Hemodynamics
  - RVOTO (gradient)
  - PR grading
  - TR grading / TR velocity / RVP
- RV size, RVH, RVF
- RA / IVC / PA
- Associated lesions (VSD, ASD.....)

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RVOTO – adult and post-op  
Echocardiographic evaluation  
The DIFFICULTIES

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RVOTO – adult and post-op  
Echocardiographic evaluation  
The DIFFICULTIES

- Limited evaluation of RVOT/PA morphology due to poor image quality

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RVOTO – adult and post-op  
Echocardiographic evaluation  
The DIFFICULTIES

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→ CMR (CT)

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RVOTO – adult and post-op  
Echocardiographic evaluation  
The DIFFICULTIES

- Limited evaluation of RVOT/PA morphology due to poor image quality  
→ CMR (CT)
- Limitations of RVOT gradient estimation
  - Doppler angle (underestimation)
  - Pressure recovery (overestimation)

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RVOTO – adult and post-op  
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  - catheterization

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- Assessment of RV volumes and function by echocardiography still limited

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→ RVP (TR-velocity)  
→ catheterization
- Assessment of RV volumes and function by echocardiography still limited  
→ CMR

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RVOTO – adult and post-op

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Valvular Pulmonic Stenosis

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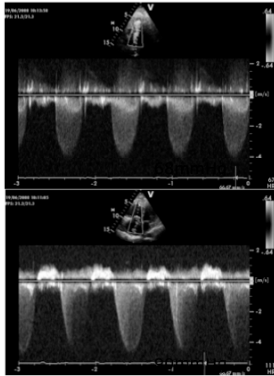
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## Valvular Pulmonic Stenosis



Grading	Mild	Moderate	Severe
Peak vel (m/s)	<3	3-4	>4
Peak grad (mmHg)	<36	36-64	>60

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## RVOT Obstruction INDICATIONS FOR INTERVENTION

ESC Guidelines 2010



Indications	Class	Level <sup>a</sup>
RVOTO at any level should be repaired regardless of symptoms when Doppler peak gradient is $>64$ mmHg (peak velocity $>4$ m/s), provided that RV function is normal and no valve substitute is required	I	C
In valvular PS, balloon valvotomy should be the intervention of choice	I	C
In asymptomatic patients in whom balloon valvotomy is ineffective and surgical valve replacement is the only option, surgery should be performed in the presence of a systolic RVP $>80$ mmHg (TR velocity $>4.3$ m/s)	I	C

**Symptoms:**  
PG / MG  $>50/ >30$  mmHg  
Less than moderate PR

**No Symptoms:**  
PG / MG  $>60/ >40$  mmHg  
and less than moderate PR

Baumgartner H et al Eur Heart J 2010

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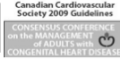
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## RVOT Obstruction INDICATIONS FOR INTERVENTION

ESC Guidelines 2010



Intervention in patients with gradient $<64$ mmHg should be considered in the presence of: • symptoms related to PS or, • decreased RV function or, • double-chambered RV (which is usually progressive) or, • important arrhythmias or, • right-to-left shunting via an ASD or VSD.	IIa	C
Peripheral PS, regardless of symptoms, should be considered for repair if $>50\%$ diameter narrowing and RV systolic pressure $>50$ mmHg and/or lung perfusion abnormalities are present	IIa	C

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Intervention in the presence of ASD, VSD, and/or arrhythmias may be indicated  
?Class / Level?

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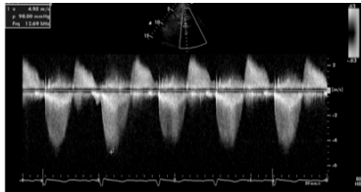
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Female, 53 years



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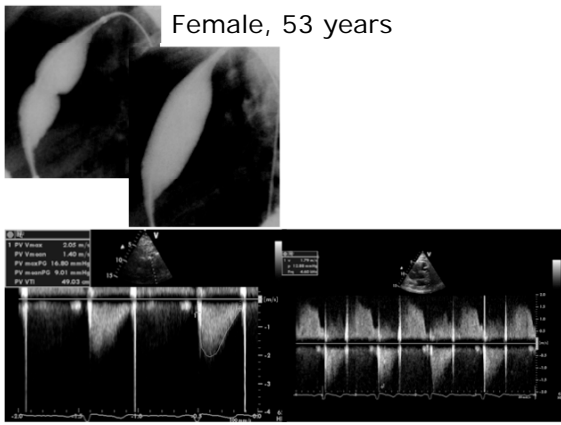
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Female, 53 years



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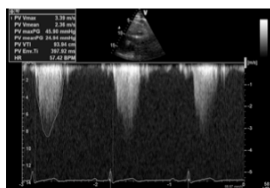
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Male, 62 years Restrictive VSD



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Male, 62 years Restrictive VSD

Double chambered right ventricle  
Invasive RVP inflow 105/0-8mmHg, Gradient 68mmHg

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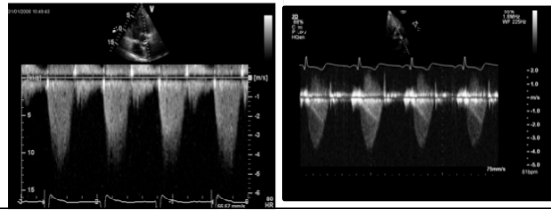
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RVOTO - Stenoses in series




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Gradient Calculation by CW-Doppler

**BERNOULLI EQUATION**

$$p_1 - p_2 = \frac{1}{2} \rho (v_2^2 - v_1^2) + \rho \int_1^2 \frac{dv}{dt} ds + R (\mu y)$$

Convective acceleration
Flow acceleration
Viscous friction

$$\Delta p = \frac{1}{2} \rho (v_2^2 - v_1^2)$$

$$\Delta p = 4 (v_2^2 - \cancel{v_1^2}) \quad V_1: \text{subv. velocity (LVOT)} \approx 1\text{m/s}$$

$$\Delta p = 4v^2$$

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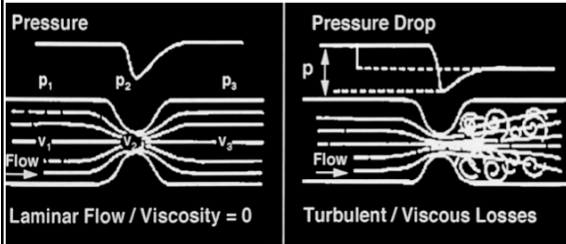
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## Pressure Recovery



Pressure recovery in RVOTO:

- Stenoses in series
- Long, tubular stenoses
- Hypoplastic PA

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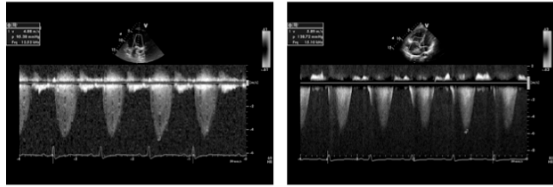
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## RVOTO – adult and post-op



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## Pulmonary Artery Stenoses



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RVOTO – adult and post-op

### Complex CHD with RVOT repair

- Residual / recurrent stenosis
- Pulmonary regurgitation
- Conduit
  - non-valved
  - homograft
  - xenograft (Contegra®)

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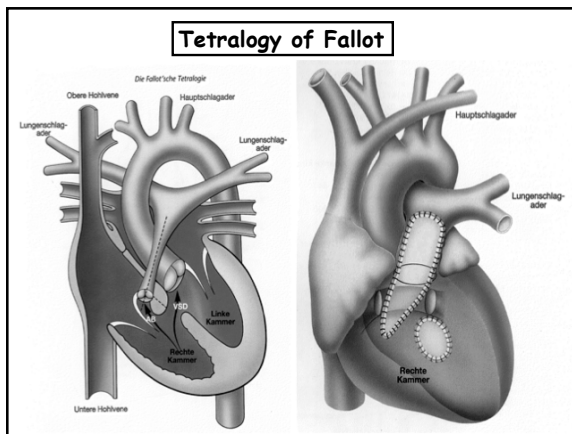
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### Severe PR after ToF repair

assessment of pulmonary regurgitation (grading)  
RVOT morphology  
RV volumes  
RV function (EF)  
TR (velocity, grading)  
additional lesions (VSD, peri.PS, AR, Ao)  
LV

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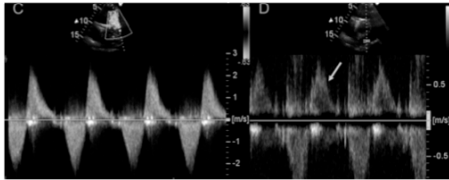
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### Grading of PR after ToF repair



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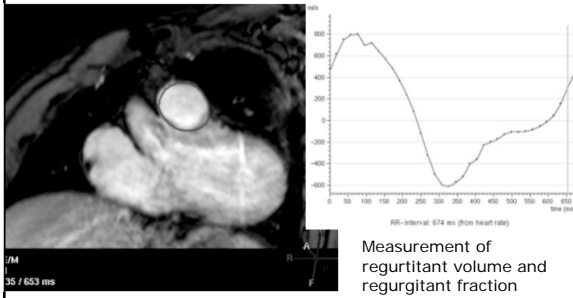
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### Grading of PR after ToF repair



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### Severe PR after ToF repair

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Severe PR after ToF repair: RV volume/function

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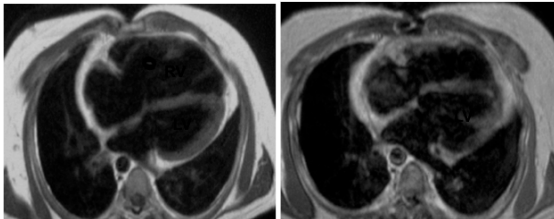
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Tetralogy of Fallot After Repair  
Severe PR – Timing of Intervention



Prior to PVR

After PVR

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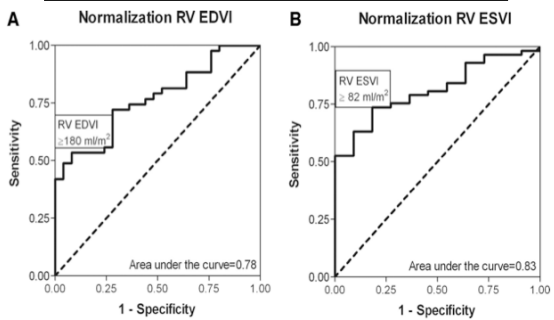
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**Pulmonary Regurgitation after TOF Repair  
Response of the RV to valve replacement**



Oosterhof Th et al *Circulation*. 2007;116:545-551

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## Indications for Intervention After Repair of Tetralogy of Fallot

Aortic valve replacement should be performed in patients with severe AR with symptoms or signs of LV dysfunction

PVRep should be performed in symptomatic patients with severe PR and/or stenosis (RV systolic pressure > 60 mmHg, TR velocity > 3.5 m/sec)

PVRep should be considered in asymptomatic patients with severe PR and/or PS when at least one of the following criteria is present:

- decrease in objective exercise capacity (CPET)
- progressive RV dilation
- progressive RV systolic dysfunction
- progressive TR (at least moderate)
- RVOTO with RV systolic pressure > 80 mmHg (TR velocity > 4.3 m/sec)
- sustained atrial/ventricular arrhythmias

VSD closure should be considered in patients with residual VSD and significant LV volume overload or if the patient is undergoing pulmonary valve surgery

Class<sup>a</sup> Level<sup>b</sup>

I	C
I	C
IIa	C
IIa	c

[www.escardio.org/guidelines](http://www.escardio.org/guidelines)

Baumgartner H et al Eur Heart J 2010

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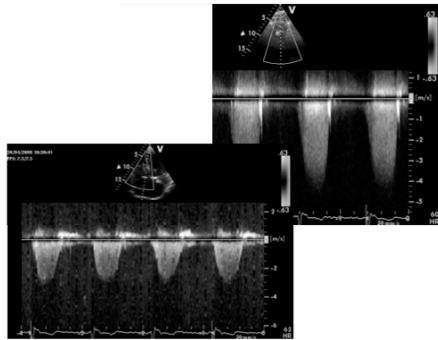
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Male, 65 yrs ToF, repair 1982  
re-op for VSD 1983+1987




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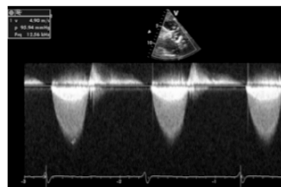
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Female, 22 yrs ToF, repair+Contegra 2002




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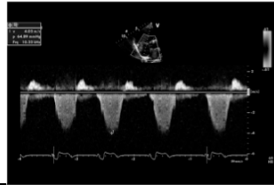
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Male, 16 yrs ToF, repair 1995, re-op 1998  
homograft 21mm 2000



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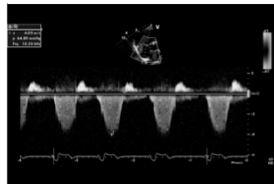
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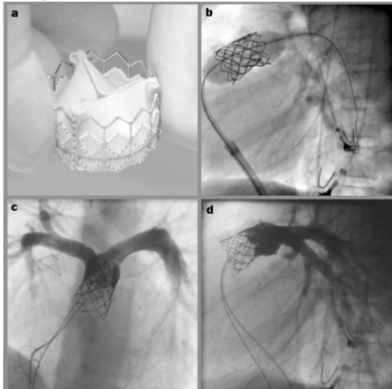
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Male, 16 yrs ToF, repair 1995, re-op 1998



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Male, 16 yrs ToF, repair 1995, re-op 1998  
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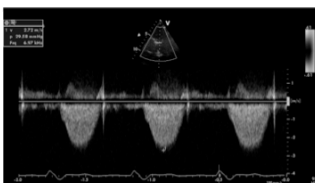
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Male, 16 yrs ToF, repair 1995, re-op 1998  
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***Thank you for  
your attention!***

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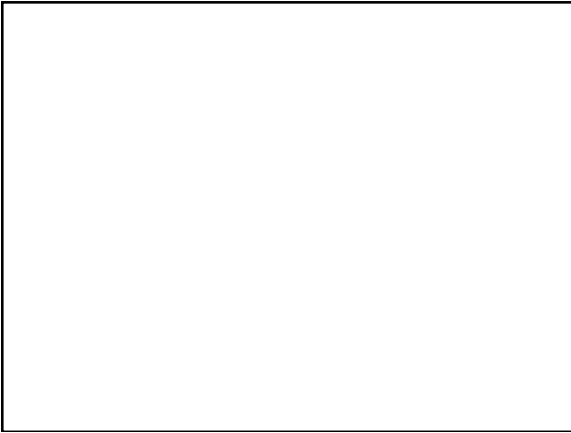
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